

GLUTEN-FREE

OPTIONS FROM OUR MENU

Our Proteins

Hero Burger
Grilled Chicken Breast
Wild Alaskan Salmon
Soul Burger

Our Cheeses

Hero Cheddar Cheese
Blue Cheese
Gorgonzola
Swiss Emmenthal
Brie
Fior di Latte
Smoked Provolone
Goat Cheese

Our Toppings

Premium Canadian
Peameal Bacon
Portobello Mushrooms
Guacamole
Fire Roasted Peppers
Cranberry Sauce
Mango Sauce
Coleslaw

Condiments and Dipping Sauces

Relish
Dill Pickle
Jalapeno Peppers
Red Onion
Tomato
Lettuce
Ketchup
Mustard
Zucchini Relish
Hero Hot Sauce
Hero Certified Sauce
Maple Chipotle BBQ

Our Breads

Gluten-free Bun

**Ask your server
for details.**



**HERO
CERTIFIED
BURGERS**

Some of our regular menu items contain wheat and ingredients that are commercially available. Although Hero takes precautions to use ingredients that are Gluten-Free, we cannot guarantee the prevention of cross contamination due to preparation or manufacturing. Please advise our staff if you are celiac or suffer with wheat related allergies.



100%

- ✓ RANGE-FED
- ✓ HORMONE-FREE
- ✓ ANTIBIOTIC-FREE
- ✓ FULL TRACEABILITY