

HELLMANN'S® 1/2 THE FAT

Available in: 300mL, 445mL, 710mL, 750mL squeeze, 890mL, 1.42L, 1.8L

1/2 the Fat mayonnaise-type dressing contains 50% less fat and 50% fewer calories. It is low in saturated fat, contains no trans fat and is low in cholesterol. This year, we are simplifying the ingredient recipe and using only 100% Canadian free run eggs.

INGREDIENTS & NUTRITIONAL INFORMATION ▶



PRODUCT USED IN THIS RECIPE:

BBQ TURKEY SANDWICH SKEWERS

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INGREDIENTS & NUTRITIONAL INFORMATION

Nutrition Facts Per 1 tbsp (15ml)

| Amount | % Daily Value |
|-----------------------------|---------------|
| Calories / Calories 40 | 15 % |
| Fat / Lipides 4 g | 6 % |
| Saturated 0.3g | |
| + Trans 0 g | |
| Polyunsaturated 1 g | |
| Omega-6 0.7 g | |
| Omega-3 0.3 g | |
| Monounsaturated 2 g | |
| Cholesterol 5 mg | 2 % |
| Sodium 135 mg | 6 % |
| Carbohydrate / Glucides 1 g | 1 % |

WATER, CANOLA OIL, LIQUID WHOLE EGG, VINEGAR, SUGAR, SALT, SPICES, NATURAL FLAVOR, SORBIC ACID, PHOSPHORIC ACID, COLOUR, CONCENTRATED LEMON JUICE, CALCIUM DISODIUM EDTA, CITRIC ACID, SULPHITES.

Please check the package for the most up-to-date ingredient information